



Roasted Beet & Kale Burger

Vegan - Gluten Free - Soy Free
 JBB30R 12/10oz boxes per case
 4-2.5oz burgers per box

*Loaded with healthy eating!
 Roasted sweet and tangy beets mixed with the
 nutrient richness of kale and lentil.*

INGREDIENTS: Red Beets, Brown Rice,
 Ground Chick Peas, Lentils, Organic Kale,
 Spinach, Minced Onion, Canola Oil, Balsamic
 Vinegar, Brown Sugar, Capers, Sea Salt, Cumin,
 Paprika, Potato Starch, Diced Carrots, Raisins,
 Vegetable Gum

COOK FROM FROZEN: Heat to a minimum of
 165° F.

STOVE TOP: Lightly drizzle skillet with vegetable
 oil, brown and heat each side about 2 minutes, at
 medium temperature.

OPEN FLAME GRILL: Brush each side lightly
 with vegetable oil, place on hot grill and cook
 about 2 minutes on each side.

Nutrition Facts	
4 servings per container	
Serving size 1 patty (2.5oz) (71g)	
Amount per serving	
Calories	70
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>TransFat</i> 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	7%
Total Sugars 5g	
Includes 1g Added Sugars	2%
Protein 2g	
Vitamin D 0mcg 0%	Calcium 26mg 2%
Iron 1mg 6%	Potassium 359mg 8%
* The % Daily Values (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2000 calories a day is used for general nutrition advice.	

Allergens: None

VeggieLand™

VeggieLand
 222 New Road
 Parsippany, NJ 07054
 Tel: 973-808-1540 www.VeggieLand.com

For additional information, please refer to our website: www.VeggieLand.com